

SERVICES AVAILABLE

- General outpatient counseling available for mental health and/or substance abuse for adults and adolescents at all offices
- Referral for psychological testing & evaluation available
- An Intensive Outpatient Program (IOP) specifically designed as a step-down program for adolescents returning from higher levels of care
- 2 Intensive Outpatient Programs (IOP) for dual diagnosis adolescents
- Drug & alcohol evaluations at all offices
- Individualized 6-8 week Relapse Prevention Counseling at all offices
- Dual Diagnosis Group Home for adolescents
5835 North 90th Street
Omaha, NE 68134
(402) 573-5111
Fax (402) 573-5019
- 7-Panel detailed drug screens at all offices



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Adult and Adolescent Substance Abuse & Mental Health Counseling Drug and Alcohol Evaluations 6-8 week Relapse Prevention Counseling



8610 Brentwood Drive
La Vista, NE 68128
(402) 331-3232
Fax (402) 331-1557

5847 North 90th Street
Omaha, NE 68134
(402) 571-7148
Fax (402) 571-7289

5843 North 90th Street
Omaha, NE 68134
(402) 573-5801
Fax (402) 573-1496

5851 North 90th Street
Omaha, NE 68134
(402) 504-1736
Fax (402) 504-1012

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**WELCOME TO ABH ADDICTION & BEHAVIORAL HEALTH SERVICES, INC.
 ABH IS COMMITTED TO WORKING WITH ADOLESCENT & ADULTS TO
 PROVIDE QUALITY STRENGTH-BASED SUBSTANCE ABUSE AND MENTAL
 HEALTH SERVICES.**

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ABH OUTPATIENT SIX TO EIGHT (6-8) WEEK INDIVIDUALIZED RELAPSE PREVENTION COUNSELING

ABH has developed a six to eight (6-8) week course designed specifically to assist individuals of all ages in better understanding their addiction and to guide them in developing an individualized recovery plan. This course is provided through eight weeks of individual counseling. Clients are also drug tested throughout the course to assist them in becoming abstinent and/or staying abstinent, as well as to assist them in working through their relapse. The six to eight (6-8) week course is available at all of our office locations listed below. If clients fail to complete this course successfully, they will be referred for additional services or a higher level of care.

General Outpatient Counseling Services (OP)

ABH also has general outpatient counseling for both adolescents and adults providing drug/alcohol and/or mental health services, as well as family counseling.

PROGRAM LOCATIONS AND NUMBERS

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|------------------|------------------------------------|-----------------------------------|
| Group Home | 5835 North 90 th Street | (402) 573-5111 Fax (402) 573-5019 |
| Step-down IOP/OP | 5843 North 90 th Street | (402) 573-5801 Fax (402) 573-1496 |
| North IOP/OP | 5847 North 90 th Street | (402) 571-7148 Fax (402) 571-7289 |
| LaVista IOP/OP | 8610 Brentwood Drive, Suite 1 | (402) 331-3232 Fax (402) 331-1557 |

ABH prides itself in providing confidential and quality treatment. Confidentiality is of the utmost importance and ABH requires high standards to be met by all staff working in its facility. Also, staff working with ABH meet all licensing and educational requirements and are encouraged to pursue on-going education through school, workshops, and in-house trainings.

ABH's experienced and dedicated staff are skilled in working not only with clients, but also other important professionals. As part of the holistic treatment regimen, ABH staff will work closely with probation officers, parole officers, judges, caseworkers, teachers, and other professionals. In addition, ABH utilizes the most recent research in recovery treatment and education, providing not only quality treatment and education, but also motivating individuals through the recovery process.

Many ABH therapists are registered substance abuse providers for evaluations and treatment for the Offices of Probation and Parole.

General Outpatient Services for Adults and Adolescents

- General outpatient counseling available for mental health and/or substance abuse (available evenings one to two times per week, 45 minute sessions)
- Drug and alcohol evaluations
- Psychological testing & Evaluations available
- Counseling provided by licensed drug and alcohol and/or mental health counselors
- On-going case management
- Random 7 panel drug screens
- Referrals for higher level of care

Medicaid, Magellan Behavioral Health, Douglas & Sarpy County Funds, Private Pay, Blue Cross Blue Shield, and other private insurances are accepted.